

## **CITY OF LONDON SCHOOL FOR GIRLS**

### **PERSONAL, SOCIAL, HEALTH, CITIZENSHIP AND ECONOMIC EDUCATION (PHSCEE) POLICY**

#### **The Rationale for Personal, Social, Health, Citizenship and Economic Education (PSHCEE)**

(Taken from the guidance issued by the PSHE Association in October 2014).

PSHCE education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole school approach, PSHCE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

PSHCE education is an important and necessary part of all pupils' education. All schools must provide a curriculum that is broadly based and balanced, and which meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010 such a curriculum: "*promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life.*"

PSHCE education can help schools to reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. The PSHCE education programme makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety and the school's statutory responsibility to promote pupils' wellbeing. In addition the learning provided through a comprehensive PSHCE education provision is an essential to safeguarding pupils.

PSHCE education equips pupils with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing. A critical component of PSHCE education is providing opportunities for children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHCE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships,

develop the essential skills for future employability and better enjoy and manage their lives.

### **PSHCE Education and Safeguarding**

Teaching about safety and relationships as part of PSHCE education contributes to how schools approach the safeguarding of pupils. It helps them to recognise when they and others are at risk and equips them with the skills, strategies and language they need to take appropriate action. This is crucial to fulfilling statutory duties in relation to safeguarding pupils. Our SRE (Sex and Relationship Education) lessons in particular deal with key safeguarding issues such as sexting, FGM, CSE, abusive and unhealthy relationships, forced marriage, coercion, and gender-based and power inequalities.

PSHCE education also offers an opportunity to fulfil the requirements of the Government's statutory guidance issued under section 29 of the Counter-Terrorism and Security Act 2015 (*Prevent Duty Guidance*) by giving pupils the chance to explore, understand and discuss fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs.

In addition, PSHCE education helps students learn about the importance of e-Safety. Children need guidance in developing their own set of responsible behaviours to keep them safe when online, but equally they should know that, if things go wrong, they may seek help and support from any trusted adult.

The Equality Act 2010 also places duties on schools to help to reduce prejudice-based bullying and in doing so to keep protected characteristic groups safe. PSHCE education plays an important part in fulfilling these responsibilities.

### **PSHCE Education at CLSG**

CLSG seeks to use PSHCE education to build, where appropriate, on the statutory content outlined in the National Curriculum, the Basic School curriculum and in Statutory Guidance on: drug education, financial education, e-Safety, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

In keeping with our core values of Respect, Resilience and Responsibility, we encourage our pupils to play a positive role in contributing to the life of the school and the wider community and many opportunities to do so exist within the school.

### **The Aims of PSHCE Education at CLSG:**

- 1) To develop confidence and responsibility and make the most of abilities
- 2) To develop a healthy, safe lifestyle including online
- 3) To develop good relationships and respect the differences between people
- 4) To prepare to play an active role as citizens and understand the importance of British Values
- 5) To develop economic, financial and enterprise capabilities

- 6) To develop an awareness of different careers and work related learning

### **The Organisation and Delivery of PSHCE Education at CLSG**

Personal, Social, Health, Citizenship and Economic Education is delivered formally by form tutors, the Head of PSHCE, the school nurse, the school counsellors and external speakers during a one hour timetabled lesson on a Wednesday for KS3, KS4 and KS5, and also through 20-minute form times on a Tuesday and a Thursday which are led by tutors and sixth-form prefects.

PSHCE education is also delivered through the academic curriculum particularly in subjects such as Computer Science, Religion, Philosophy and Ethics, History, Geography, Biology, PE and KS4 Global Perspectives lessons. Areas of PSHCE which have been delivered within other curriculum subjects are mapped using the PSHE Association framework.

In addition, whole-school and section assemblies incorporate many of the overarching concepts of PSHCE education, and pupils are strongly encouraged to organise and deliver a number of these assemblies themselves. Societies such as "We are ..." Society, Amnesty International and the Feminist Society also play a part in delivering a number of the key themes of PSHCE education.

The school also provides many practical opportunities for pupils to experience fundamental British Values. They are encouraged to take an active role in decision making and to have the knowledge, skills and understanding to play an active role in both the school and the wider community. Each form elects a Form Captain and Deputy Form Captain on a termly basis and from Year 10 upwards girls may stand for election for different positions linked to inter house activities. The Head Girl team and Senior Committee comprise pupils who are elected by staff and pupils. The girls are encouraged to initiate and run clubs and societies and a well-developed mentoring scheme gives both mentors and mentees experience of exercising rights and responsibilities.

There are opportunities for work-related learning through a well-developed programme of Careers Education and Guidance. The School holds the Investors in Careers quality award for excellence in careers education and guidance. The School's programme includes off timetable opportunities for each year group. These are Engineering Day for Year 7, Take Our Daughters to Work Day and City Girls in Science for Year 8, City Girls in the Arts for Year 9, City Girls in the City for Year 10 and work experience for Year 11 as well as a biennial Careers Convention for years 10, 11, 12 and 13. The School works with additional external support employed at certain times of the year via appropriate providers such as COA (Cambridge Occupational Assessments) and offers impartial advice and guidance in accordance with the requirements of the Children's Act of 2004, "Every Child Matters / Achieves".

There is separate organisation and provision of PSHCE for the Prep School which covers Key Stage 2.

## **The Content of PSHCEE**

PSHCE education at CLSG follows the framework provided by the PSHE Association in October 2014 ([www.pshe-association.org.uk](http://www.pshe-association.org.uk)). This national programme of study covers Key Stages 1 to 4 and is based on three core themes:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

This programme of study identifies the key concepts and skills that underpin PSHCE education and helps schools to fulfil their statutory responsibility to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life.

Sex and Relationships Education (SRE) is a requirement and in this respect CLSG adheres to the statutory guidance from the Department for Education. We have incorporated the PSHE Association's lessons on consent (March 2015), which have been formally recognised by the DfE, into our schemes of work.

Our schemes of work also incorporate the programmes of study for Citizenship published by the Department of Education in February 2013.

The Head of PSHCE at CLSG writes detailed lesson plans for Years 7 - 11 which are published on the Portal for form tutors to use. All resources are provided and each lesson addresses pupils' needs. A spiral programme ensures learning is revisited, reinforced and extended in age- and stage-appropriate contexts.

All lessons and schemes of work follow the PSHE Association's "Ten Principles for Good PSHCE Education".

## **Monitoring and Review**

It is the responsibility of the Head of PSHCE to monitor and review the delivery, content, teaching and assessment of PSHCE education.

Details of the Policy will be available to parents via the school Portal.

This policy links with those on Careers Education and Guidance, Work Related Learning, Sex and Relationship Education, Anti-Bullying, ICT and eSafety and Safeguarding and Child Protection.

**Approved:** June 2013

**Reviewed:** September 2015, June 2016

**Approved by Board of Governors:** 22<sup>nd</sup> October 2015 – to be put before the board in June 2016

**To be reviewed by:** September 2019